

Northern Yearly Meeting 2023 Annual Session May 26-29

at the Wisconsin Lions Camp in Rosholt, Wisconsin 3834 County Road A, Rosholt WI 54473

--- Please register by May 1---

Getting to where I'm supposed to be – Pruning before Growth

How can we release what we don't need to carry any longer? Many Quakers feel overcommitted. There are many problems we'd like to fix. Cutting back can lead to a focus on what we are really called to do. How can we center on our passions both as individuals and meetings so they are not frittered away by trying to do everything? NYM 2023 will focus on releasing, renewing our spirits, and rebirth where we are most led.

CONTENTS

Art Gallery	2	Lions Camp	5	Ticks and Mosquitoes	8
Book Swap	8	Off-Site Accommodations	5	Virtual option	2
Carpooling	8	Parent Support Group	2	Volunteer	8
Children & Youth Program	3	Plenary	2	What to bring	5
Display spaces	8	Registration info	7	Worship	2
Food options	6	Schedule	9	Young Adult Friends	3
Housing information	5	State of Society Reports	2		
Interest Groups	2	Talent Show	2		

PROGRAM

Attending NYM Online

Business Meeting, the plenary, and small groups will be available to virtual attenders. Registration is still required.

Plenary

Saturday morning we begin with a presentation of the theme by Anne Supplee and Maia Twedt, who are hospital chaplains. We then go directly to our small groups to introduce ourselves and discuss the theme.

Small Groups

Adults are assigned to a group of eight Friends who meet three times over the weekend, during times when the children are in their programs. Discussion topics will be suggested to deepen conversations about the theme. Another goal is providing a way to make spiritual ties to new Friends.

Interest Groups

Interest groups are a group of Friends getting together around an issue or activity. Friends who want to share an issue or activity can post a sign-up sheet on the tables at the front of the dining hall when arriving at Annual Session, with details of who, what, when and where. Groups meet during free time on Saturday and Sunday. The initiator makes the signup sheet with description and picks the location from a list of available locations.

Talent Show

The Talent Show on Sunday afternoon from 3:30-5:30 will provide talented Friends time to demonstrate their entertainment skills. Bring your instrument or props! Sign up happens at Annual Session.

Art Gallery - For All Ages

New to NYM this year: share your talents with others by bringing your original art to display in the first NYM Art Gallery! Bring up to two pieces of Art, such as paintings, photos, drawings, textile, sculpture, pottery, etc. Please let Alan Smith know the items and sizes that you will bring (example: a photo 12"x16" and a bowl, 12".) Attach your name and a way to contact you on each artwork. Send details about your pieces and questions to Alan alanchristophersmith@gmail.com.

Parent Support Group

Saturday and Sunday at 2:00 pm. Parents meet to explore parenting challenges generally, and parenting as Quakers. Come with your challenges, joys, and wonderings. Childcare provided. Led by Kat Griffith, who has been facilitating Quaker parent support groups online since early in the pandemic.

State of Society Reports -

"Quaker Confidential: What's Going on Here?"

Via Zoom the weekend before Annual Session, Sunday, May 21, 7:00–8:30pm. The meetings and worship groups comprising NYM share reports on their struggles, joys, activities, and spirit. See www.northernyearlymeeting.org for more information. Join Zoom Meeting: https://ws02web.zoom.us/j/84993422951?pwd=d3pT <a href="https://www.myu.em/myu

Finance Committee, Budget Review

A "deep dive" into the details of the NYM budget is scheduled for Sunday, May 21, at 1:00 pm. See www.northernyearlymeeting.org for more information. Join Zoom Meeting: https://ws02web.zoom.us/j/85377668897?pwd=bnp Nbk5xZEpvTDFBaFQ4eEJOaFJmUT09

WORSHIP

Early Worship

6:30 - 7:30 each morning there will be an opportunity for worship with attention to our connection to the Earth, held outdoors if the weather permits.

Meeting for Worship

On Saturday morning our whole community, including children, will gather for unprogrammed worship at 8:45. The children will depart for their programs after 15 minutes, while adults continue till 9:45. Sunday's Meeting for Worship will be a structured Memorial Meeting to remember Friends who have died in the past year. On Monday we will end our Meeting for Business with worship.

All-Day Worship

A quiet worship space allows you to drop in for spiritual refreshment at any time over the weekend.

YOUNG ADULT FRIENDS (YAFs)

YAFs will have their own space and housing and plan their own program, beginning with a planning gathering at 8:45pm Friday evening in the dining hall. All YAFs are welcome! Be sure to mark this as your housing preference on the registration form.

CHILDREN & YOUTH PROGRAM (C&Y)

Program Coordinator: Cathy Nagler <u>canagler@qmail.com</u> and Alan Smith

Children & Youth **Orientation Meetings-- Please attend** parent information meeting on Friday!

- Infants through older elementary (parents, children, leaders, volunteers) -- Friday, 6:30 pm - Memorial Building
- Young Teens (teens, parents/sponsors, teen leaders)—Friday, 8:45 pm – Location TBA
- Older Teens (teens, parents/sponsors, teen leaders)—Friday, 8:45 pm – Location TBA

Those who arrive too late for the Friday evening C&Y orientation meetings can attend a shorter orientation Saturday morning at 8:15 am in Memorial Building.

Children will join All Gathering Worship on Saturday at 8:45 am and proceed to their groups until 12:30 pm. On Sunday and Monday, children will meet with their groups from 8:30 to 12:30. The older teens have a more flexible schedule and will set their own hours throughout the weekend.

Mornings

All children are invited to participate in the morning Children & Youth (C&Y) Program. Participants in the C&Y program have expressed how important their groups are to their feeling of belonging to a community, and central to their experience at NYM. Children are expected to arrive on time and participate the entire morning each day. If parents or guardians believe there are special circumstances that could affect participation by a child, please discuss these

ahead of time with the C&Y Coordinator. Any child not participating in the morning program must be with a parent/sponsor and the appropriate age group coordinator must be informed. Program leaders will provide supervision during scheduled morning program times only. All C&Y groups will participate in at least one community service activity during the weekend.

Parents, please bring sunscreen and any special food or equipment your child needs. Thank you for dropping off and picking up your children on time!

Afternoons

Parents have an opportunity to discuss raising Quaker children, with Kat Griffith leading the discussion on Saturday and Sunday at 2:00. Discussion can continue Sunday at 2:00. Childcare will be provided for this.

Games, crafts, and waterfront activities are available Saturday and Sunday afternoons. During this period, parents are solely responsible for their children (except during the parent's meeting.) Sunday afternoon's talent show is intergenerational.

Evenings

Friday evening's welcoming event is casual and intergenerational. Saturday and Sunday feature a campfire starting at 7:00 (location TBA) followed by Vespers at 8:30 pm in the basement (kindergarten/pre-K room) of Pinewood Lodge. Vespers is a time for parents to enjoy some quiet time with their children before bed. This may include some singing, storytelling, or other quiet activities.

Infants and Toddlers

(IT - up to age 3, 8:30 am - 12:30 pm)

Program Leader: Sue Franke & TBA

Free play, close adult supervision, and snacks during morning meetings (8:30 am-12:30 pm). Please bring diapers and any special food or equipment your child needs. Mark any loaned books or toys with your name.

Preschool/Kindergarten

(PK - ages 3 to 5 or 6, 8:30 am - 12:30 pm)

Program Leaders: Linda Hall & TBA

Structured activities, free play, and snacks during morning meetings (8:30 am-12:30 pm). Please bring sunscreen and any special food or equipment your child needs. Mark any loaned items with your name.

Early Elementary

(EE—Completing Grades 1-3 this spring, 8:30 am – 12:30 pm)

<u>Program Leaders</u>: George Wortz & Megan Whitney

Structured program of learning activities, snack, games, crafts, and community service.

Older Elementary

(OE—Completing Grades 4-6 this spring, 8:30 am – 12:30 pm)

Program Leaders: TBA

Structured program of indoor and outdoor activities, snack, games, crafts, and community service.

Note regarding 6th graders: Because NYM Young Teens retreats that take place throughout the year are open to 6th graders, 6th graders can choose to register EITHER for Older Elementary or Young Teen group.

Young Teens

(YT - Completing grades 7-8 this spring, 8:30 am – 12:30 pm and overnight from 9 pm – 8:30 am)

Program Leaders: Mark Helpsmeet & TBA
Structured program with activities that may include discussions of Quaker values and history, arts, drama, crafts, community service, recreation, and sports. This program includes overnights and the morning program. Young teens often choose to continue activities during the afternoon, under the supervision of their parents. Parents are responsible to supervise their Young Teens from the end of morning program at 12:30 to 9:00 pm. One cabin is designated as the young teen cabin with two overnight Kindly Adult Presences (KAPs).

Older Teens

(OT, Completing grades 9-12 this spring, from 9 pm Friday to 12:30 pm Monday)

<u>Program Leaders:</u> Cynthia Drake & male leader TBA

A program with structured and unstructured intervals, ongoing through the weekend.
Activities will include workshops, discussion groups, worship sharing, community service and an off-site exploration, plus, of course, quality time to spend with other Quaker teens throughout the weekend. There will be one older teen cabin with the teen group leaders and two overnight Kindly Adult Presences (KAPs) staying in the cabin each night.

Your Child's Age Group & Registration

Parents need to include **grade** and **age** for children **on registration forms** to assist C&Y Program Leaders planning. **Important Note to Parents**: electronic devices are not allowed during community group time and any damage to devices brought to NYM is the individual's responsibility.

LIONS CAMP INFORMATION

The Lions Camp is in rural Wisconsin, approximately 20 miles from Stevens Point. It is a summer camp for children and adults with a full range of disabilities. Thus, the camp is totally accessible, and every cabin has large, accessible showers. For special needs/concerns, please contact NYM's Housing Coordinator. Our session will be concentrated in a compact, flat area with seven miles of hiking trails. There's a lake for boating and swimming; basketball, volleyball & tennis courts; and bike paths (helmets are required).

Any questions, contact **Dave Minden**dwminden@gmail.com 608-444-0967 (cell).

Lions Camp Rules

Friendly practice and camp regulations prohibit smoking in buildings as well as use of alcohol or illegal drugs. Designated smoking areas will be available for adults. Please observe a quiet time in and near sleeping areas after 10 pm.

<u>Pets, skateboards, scooters, and inline skates are</u> <u>not allowed at the camp. Helmets are required at</u> <u>all times when riding bikes.</u>

Camp Address, Directions

Wisconsin Lions Camp is at 3834 County Road A, Rosholt WI 54473. We hope you have a cell phone voice guiding you! Directions are available on the NYM web site.

LODGING

Housing Coordinator: Lissa Field,
NYMregistrar@gmail.com, 920-851-2865

Cabins

Camp cabins are all modern with single beds, heat, air conditioning and accessible bathrooms. Small fridges are shared by First Day School programs and cabin residents. Bathrooms are shared with campers.

 Cabins vary in size and accommodate 5, 8 or 10 people per sleeping room. The smallest rooms are generally used by families with young children.

- Children under 13 years of age, accompanied by a paying parent or sponsor, may sleep on the floor with their own bedding at no charge for lodging.
- Separate housing areas will be available for men only, women only, couples only, families, young adults, teens, and quiet/early to bed.
- If you would like to be housed with a specific friend or family group, please note that on your registration form. We will do our best to accommodate your requests but space is sometimes limited.
- A small number of single rooms are available to those with a specific medical need for a private room. These rooms do not have private baths.
 To be considered for one of these rooms, contact the housing coordinator. Please register by the May 1st deadline.

Camping

Tent camping will be available throughout the camp. The point overlooking the lake has pit toilets close by. Showers and flush toilets can be used at any cabin. RVs are allowed, with electrical hookups available at additional charge (see registration form). Waste/water hookups are not available for RVs.

Off-site Accommodations

Hotels are available in Stevens Point. One is Comfort Suites (800-424-6423 or 715-496-2007). Reservations are recommended.

What to Bring

<u>Cabin lodgers:</u> There are closets for each bed, which may be padlocked if you provide a lock. Friends may bring their own bedding, or rent camp-supplied sheets, pillows, and blankets for \$5 for the weekend. Towels are not provided.

<u>All attendees:</u> towels, flashlights, rain and cool weather gear, insect repellent, sunscreen, swimsuit, musical instruments, and songbooks. Bring your own cup if you prefer a larger mug for tea.

FOOD - Options for Meals

1 Camp Meals

Meals will be available in the dining hall from Friday dinner to Monday lunch. There will be a salad bar available for lunches and dinners. All camp meals will include at least one vegetarian option. The camp staff will be ordering food for our session based on our pre-registrations, so please register by **May 1st**.

2 Cooperative Simple Foods (CSF)

Cooperative Simple Foods Coordinator: Joan Francis 608-735-4408

CSF is a community of Friends who prepare a simple 100% peanut-free vegetarian and vegan menu. Cost is \$3-10 per person per meal, a sliding scale based on your appetite and ability to pay. All participants must volunteer for preparation or cleanup shifts. CSF work signups occur when you arrive at camp, at the registration table. Note: You may have to give up another activity to complete your work. To register, check the Simple Foods box on the registration form and enter your payment for each meal. Joan will order food based on preregistrations.

3 Bring your own food

There are small refrigerators shared by many people in every cabin for snacks, meds, or small quantities of foods. Bring a cooler or shelf-stable food if you are bringing your own meals.

4 Fasting

A very simple food option: consider a three-day water or juice fast. Those interested may meet at mealtimes for fellowship to share information, and for spiritual support. Bring your own juices. Please obtain any needed medical advice ahead of time. For further information, contact Mark Helpsmeet at helpsmeet@usa.net.

Snacks

A snack table with beverages and snacks such as peanut butter, jelly, crackers, bread, and fruit will be available in the dining room each day from 6:30 am until 9:30 pm. The camp store will be open periodically with soda and ice cream available for sale

REGISTRATION

Registration deadline May 1 to avoid the late fee

We encourage everyone who is willing, and has access to a computer, to register online. It saves much tallying and transcribing by hand – and, hopefully, will make the process quicker and easier for you. If you plan to attend online only, you still need to register.

Use this link if you are planning to attend IN PERSON: https://www.cognitoforms.com/NYM3/nym2023registrationform

Use this link if you are planning to attend online, REMOTE ONLY: https://www.cognitoforms.com/NYM3/nym2023remotesession

Online credit card payment is available. If you pay online, the card processing fee will be added to your registration total. You may also pay by mailing a check to the registrar, see final step below.

- 1 You can register a family or group together. When you enter the form you will fill out information about the contact person and then fill out the registration selections for that person.
- 2 At the bottom of the form there is a red Add Attendee button you may click to add more people to the group.
- 3 Once everyone in your group is entered you can go on to make adjustments for donations, scholarships, stipends, first-time attender discount and the late fee, and then select a payment option.
- 4 If, for whatever reason, you are not comfortable using the online form or don't have access to the internet to do this just fill out and send in the paper form which will be available at your meeting or on the NYM web site.
- 5 Check payments and paper registration forms should be completed and mailed by May 1.
 Registrations submitted after May 1 will be charged a \$10 late fee. Please send to the registrar:
 Molly Grove

3139 Girard Ave S. Apt. 10 Minneapolis MN 55408 nymregistrar@gmail.com 612-242-6273

QUAKER ORGANIZATIONS DISPLAY & FAIR

Display space will be available for organizations that wish to share materials and we will have a set time for everyone to gather, visit and share. To reserve a display space contact Becky Marty beckymarty@outlook.com cell/text 218-766-6699. Unreserved spaces will be available first come, first served.

BOOK SWAP

We will again have space for a book swap. Bring anything you feel other Friends might find interesting.

VOLUNTEERS

Volunteers help the program run smoothly! Volunteers support the children's programs, assist with dining room and camp clean up, carry trays for those needing assistance, help clean up children's program rooms at the end of Annual Session, and more. Please come in the spirit of helping and sign up at the registration table.

CARPOOLING

Please help everyone get to NYM with the smallest possible use of fossil fuels by sharing rides. No guarantees, but we will do our best to match you up with a ride. Please make your requests by May 19th. Earlier means a better chance of getting matched up.

Twin Cities area rides: "Kelly" Kelly 651-246-

6717 stpaulvoice@gmail.com

Madison-Milwaukee area rides: TBA

LION'S CAMP INFORMATION

The Lions Camp Facility Emergency phone number - 715-677-4761. A sheet describing NYM emergency response procedures will be available at the registration desk.

ADDITIONAL INFORMATION

- a. *Copy machine:* Office copy machine available for 10 cents/copy.
- b. Gas Stations/Convenience Stores: In Rosholt.
- c. Lost and Found: Box will be in Dining Hall.
- d. **Parking:** Free. Lots are close to central area.
- e. **Wheelchairs:** Some are available. Please include request on registration form.

<u>Prepare for Mosquitoes and Deer Ticks to</u> Prevent Diseases, Including Lyme disease

Mosquitoes and deer ticks are present at the Wisconsin Lions Camp as they are in most places in Wisconsin. Deer ticks in this area can transmit a range of tick-borne diseases including Lyme Disease, so you need to be prepared when you enjoy the camp outdoors. Please consider bringing an insect/deer tick repellent containing up to 33% DEET with you.

The US CDC recommends that you DO NOT USE A PRODUCT COMBINING A SUNSCREEN AND DEET. Use separate products. DEET can be used with sunscreen, but it may reduce the effectiveness of the sunscreen. To minimize this effect, apply sunscreen approximately 30 minutes to 1 hour prior to applying the DEET, so that the sunscreen has time to penetrate and bind to the skin. Sunscreen does NOT reduce the effectiveness of the DEET. Always use a sunscreen with an SPF appropriate for your skin type, whether or not using DEET. Further instructions on this will be available at Annual Session.

SCHEDULE

FRIDAY		SUNDAY			
3:00 – 10:00 pm	Registration	All day	Quiet worship space is available all day		
5:30 - 6:30	Dinner (late arrivals until 7:30 pm)	6:30 – 7:30	Early Worship		
6:30	Children and Parents Orientation	7:15 – 8:30	Breakfast (hot food available starting at 7:30)		
7:00 - 8:30	Welcome & Fellowship	8:30 – 12:30	Children & Youth Groups		
8:45	Teens and Parents Orientation	8:45 – 9:45	Memorial Meeting for Worship		
8:45 Young Adult Friends planning		10:00 - 11:30	Meeting for Business		
	, ,	11:45 - 12:30	Small Groups		
SATURDAY		12:30 – 1:30 pm	Lunch		
All day	A quiet worship space is available all day	After lunch till dinner: Free time: walks, visiting, displays from			
6:30 - 7:30	Early Worship		Quaker organizations, interest groups, NYM Art		
7:15 – 8:30	Breakfast (hot food available starting at 7:30)		Gallery, naps. Swimming and boating hours will		
8:15	makeup Children and Parents Orientation		be posted, they are limited to when camp		
8:45 – 9:15	All-Gathering Worship (children leave at 9:00		lifeguard is on duty.		
	with their group leaders)	2:00 - 3:00	Parents Support Group, childcare available		
till 12:30	Children & Youth Groups – in class rooms	3:30 - 5:30	Talent Show		
9:30 – 11:15	All-Gathering Theme: together then into small	5:30 - 6:30	Dinner		
	groups	7:00 on	Campfire, Dancing, Singing, Games, free time		
11:30 - 12:30	Business Meeting	8:30	Vespers, for settling down small children		
12:30 - 1:30	Lunch				
After lunch till dinner: Free time: walks, visiting, displays from		MONDAY			
	Quaker organizations, interest groups, NYM Art	All morning	A quiet worship space will be available all day		
	Gallery, naps. Swimming and boating hours will	6:30 – 7:30 am	Early Worship		
	be posted, they are limited to when camp	7:15 – 8:30	Breakfast (hot food available starting at 7:30)		
	lifeguard is on duty.	8:30 - 12:30	Children & Youth Groups		
2:00 – 3:00	Parents Support Group, childcare available	8:45 - 9:45	Small groups		
5:30 - 6:30	Dinner	10:00 - 12:30	Meeting for Business		
7:00 on	Campfire, Dancing, Singing, Games, free time	12:30 – 1:30 pm	Lunch, with take-away option		
8:30 Vespers, for settling down small children		CLEAN UP CABINS AND CAMP			

~ Parents, please be on time to pick up your children ~