AGRA SCHOOL LUNCH PROGRAM OCTOBER 2021 LUNCH CALENDAR

Schools Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 Main Entrée Vegetarian Entrée Cold Sandwich Option Vegetable Side Fruit Side 				1 • Chicken Teriyaki Bowl • Tofu Teriyaki Bowl • Ham & Cheese Wrap • Cauliflower Blend • Cantaloupe
*Cold Sandwich Option and some of Main Entrées are served with a side of chips, pretzels, etc.				Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan
4 • Chicken Tenders w/ Roasted Potatoes • Roasted Vegetable Sandwich w/ Chips • Turkey & Cheese Sandwich • Snap Peas • Honeydew Extra: Smoothie – Strawberry Banana	5 • Pesto Pasta w/ Chicken • Pesto Pasta • Ham & Cheese Sandwich • Baby Carrots • Watermelon Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	6 • Grilled Chicken Sandwich w/ Pretzels • Roasted Vegetable Sandwich w/ Pretzels • Salami & Cheese Sandwich • Broccoli • Apple Slices Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	7 • Taco Bowl • Black Bean Taco Bowl • Roasted Chicken & Cheese Sandwich • Zucchini (Green) • Orange Slices Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	8 • Chicken Wild Rice Soup w/ Bread Roll • Quinoa Veggie Wrap w/ Chips • Basil Turkey BLT Sandwich • Roasted Beets • Cantaloupe Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan
11 • Chicken Fried Rice • Tofu Fried Rice • Salami & Cheese Wrap • Roasted Yams • Apple Slices Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	12 • Agra Burger w/ Chips • Veggie Burger w/ Chips • Turkey & Cheese Wrap • Corn • Honeydew Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	13 • Chicken Caesar Wrap w/ Cold Ham Pasta • Quinoa Veggie Wrap w/ Cold Chickpea Pasta • Ham & Cheese Wrap • Green Beans • Watermelon Extra: Smoothie – Strawberry Banana	14 • Macaroni 'N' Cheese w/ Burger Bits • Macaroni 'N' Cheese • Basil Turkey BLT Sandwich • Squash (Yellow) • Cantaloupe Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	15 • Turkey Sloppy Joes w/ Chips • Quinoa Veggie Wrap w/ Chips • Roasted Chicken & Cheese Sandwich • Peas & Carrot Blend • Orange Slices Extra: Smoothie – Strawberry Banana
18 • Agra Dog w/ Chips • Roasted Vegetable Sandwich w/ Chips • Ham & Cheese Sandwich • Zucchini (Green) • Honeydew Extra: Smoothie – Strawberry Banana	19 • Spaghetti w/ Meat Sauce • Spaghetti w/ Tomato Sauce • Turkey & Cheese Wrap • Baby Carrots • Cantaloupe Extra: Smoothie – Strawberry Banana	Extra: Cookie(s) – Agra & Vegan 20 • Grilled Cheese w/ Tomato Soup • Grilled Cheese w/ Tomato Soup • Salami & Cheese Sandwich • Cauliflower Blend • Watermelon Extra: Smoothie – Strawberry Banana	21 • Chicken Tacos • Black Bean Tacos • Ham & Cheese Wrap • Peas & Carrot Blend • Orange Slices Extra: Smoothie – Strawberry Banana	Extra: Cookie(s) – Agra & Vegan 22 • Chicken Teriyaki Bowl • Tofu Teriyaki Bowl • Salami & Cheese Wrap • Roasted Yams • Apple Slices Extra: Smoothie – Strawberry Banana
Extra: Cookie(s) – Agra & Vegan 25 • Turkey Burger w/ Pretzels • Veggie Burger w/ Pretzels • Roasted Chicken & Cheese Sandwich • Green Beans • Orange Slices Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	Extra: Cookie(s) – Agra & Vegan 26 • Chicken Noodle Soup w/ Bread Roll • Quinoa Veggie Wrap w/ Chips • Basil Turkey BLT Sandwich • Roasted Beets • Honeydew Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	Extra: Cookie(s) – Agra & Vegan 27 • Chicken Stir-Fry • Tofu Stir-Fry • Turkey & Cheese Sandwich • Snap Peas • Apple Slices Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	Extra: Cookie(s) – Agra & Vegan 28 • Pesto Pasta w/ Chicken • Pesto Pasta • Salami & Cheese Sandwich • Corn • Watermelon Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan	Extra: Cookie(s) – Agra & Vegan 29 • Southwest Chicken Wrap w/ Cold Ham Pasta • Quinoa Veggie Wrap w/ Cold Chickpea Pasta • Turkey & Cheese Sandwich • Broccoli • Cantaloupe Extra: Smoothie – Strawberry Banana Extra: Cookie(s) – Agra & Vegan