

# COVID-19 Thursday, 3/19 To Families

## Fill Out Survey to Help Us Support You

Dear families,

We are all working hard to create and prepare distance learning plans that reflect our educational philosophy, can be adapted to a variety of household circumstances, and consider and care for our community's (students, parents, teachers) mental and emotional health. This process has been both challenging in its scope but also rewarding as we ground ourselves in the most important parts of what makes our school important and unique.

At this point, it is looking more and more likely that we will be implementing our distance learning plan after spring break. We are monitoring information from the Governor's office, the CDC and MDH. We will communicate clearly when an official decision has been made.

### We Need Information From You As Soon As Possible

We are asking all families in our community to [take this survey to collect information](#) about immediate needs. We are hoping responses will help us build a picture about who will need a different form of communication and how to prioritize our next steps.

PIC and FSMN will continue to gather this information in an ongoing way after this initial [survey](#). We know things will change and fully expect needs to change as the days and weeks unfold.

Please [complete this first survey](#). It will help us:

- better understand what social/emotional support our families may need.
- create a plan so that our community can help each other as needed.
- determine what kind of technical support you may need so that your students can participate in distance learning if needed.

Please [complete this survey](#) as soon as possible.

### Next Steps--Key Dates

Friday, 3/20 - Sunday 3/22 - The FSMN crisis management team reviews [survey](#) results

Monday, 3/23 - Wednesday, 3/25 - As needed, individual families will receive more information about next steps

Friday, 3/27 - Families will receive an overview of how distance learning will work if we need to practice social distancing after spring break

Monday, 4/6 - Families will receive detailed information about how distance learning will work if needed

Tuesday, 4/7 - Classes resume after spring break, either at school or via distance learning

## **Take a Deep Breath**

Lastly, please take time to breathe, go outside, call a loved one, listen to a favorite song, or anything else that might help you find your sense of self.

Remember, this is not normal and the challenges are real and complex. If you find yourself oscillating from purpose and conviction to helpless and lost, you are not alone. As teachers we have found the need to remind ourselves of this over the last few days. We don't have all of the answers yet, but we can model for our children how a community moves forward and even thrives during hard times.

To borrow language from a Friends School parent, "we are isolated, but we are not alone."

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